



Building & Remodeling, LLC
PA - 1024



NEW YEAR'S RESOLUTIONS
FOR YOUR HOME

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MBC Building & Remodeling, LLC
Lantern
FOR OUR FRIENDS & NEIGHBORS

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New Year's Resolutions for Your Home

As the end of the year rapidly approaches, many of us focus on our list of resolutions for the New Year. Often times, personal improvements such as healthier diet and a routine exercise plan are at the top of the list. We recognize that we have neglected ourselves, but what about our homes?

When evaluating your possibilities for improvement, take a moment to think about a more efficient and healthier home. Jump-start your creativity by considering not only cosmetic changes, but also improvements that would pay off years to come. It is important to consider what type of return you may receive on your investment, particularly in these budget conscious times. It is also important to consider how to increase your home's efficiency and make your home work better to meet your needs.

Here are ten do-able home resolutions for 2011:

Go **GREEN!** By updating your furnace, water heater, installing or

updating your air conditioning system and updating your appliances with energy efficient options, you'll save on your monthly bills and add to your homes value. An energy assessment of your home is a smart way to find out if updating your home systems is right for you.

Go Healthy by installing a home air filtration system to eliminate allergens and pollutions in your home air. This can generally be installed within one day in most homes.

Get Organized! Are your closets in need of an overhaul? Do you need additional closets added to your home? We're experienced in maximizing space and adding closet organizational systems in homes of all sizes. Often times our clients remark they are able to eliminate the costly storage units they have been maintaining when their home storage space is maximized and updated.

Curb Appeal Plus! Just as an

energy efficient furnace helps your home to run more smoothly and cost-effectively, a well-designed landscape can save to time and money, while adding to the value of your home. Proper placement of trees and shrubbery can save on the cost to cool your home. Ornamental grasses and other perennial plantings are easy maintenance alternatives to annual flowerbeds. Time-saving automatic watering system can also be installed to take the worry out of hydrating your plantings and lawn.

Get a Face Lift for your Kitchen and Bath! Remodeling your kitchen and bath are two of the best ways to increase the value of your home. We specialize in remodels for all budgets and can work with you on how to maximize your remodel dollars.

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from our blog

(our very first!) Project Spotlight

Log on to MBCremodeling.com/blog to read our very first Project Spotlight. **THANK YOU** to Doug Vogel & his family for letting us spotlight their project, and extra big ups for supplying the pictures and answering all my questions!



THANK YOU FRIENDS FOR YOUR REFERRALS

We cannot thank enough everyone who has referred MBC Building & Remodeling, LLC to their friends or family this past month. Your kind actions are really what make us a success. While we don't have enough room to mention everyone, here are a few:

- Jackie & John Myers referred by Eric Peiffer
- Pat & Bill Reese referred by the Welsh's

Would you like to have the nicest home in the neighborhood?

Do you know we are experts in a variety of home improvement projects? If you're considering a new project for your home, please give us a call. We'll be happy to answer all of your questions and provide you with our expert advice for free.

Here's a list of some of the projects we specialize in:

Kitchen Renovation	Sunrooms
Bathroom Renovation	Room Additions
Basements	Decks

famous quote

"May Peace be your gift at Christmas and your blessing all year through!

~ Author Unknown

New Year's Resolution Stats

50% of adults in North America will make a New Year's resolution

_ The top two resolutions are to stop smoking and drink less alcohol.

_ 22% those who make a resolution fail after one week

_ 40% those who make a resolution fail after one month

_ 50% those who make a resolution fail after three months

_ According to researcher Richard Koestner, the 3 reasons for failing are:

1. Unclear and vague goals. It is better to state "I plan on losing 20 lbs by June 1st" rather than "I plan on being more healthy."
2. Failure to gauge one's progress toward the stated goals. It is better to weigh yourself every Friday morning as a means of gauging your weight loss rather than leaving it to how "well you feel in your pants."
3. Weak self-control and self-regulation when facing challenges that impede one's ability to achieve the stated goals. It is better to state that once you go on vacation, you will only have a single plate at any meal at the all-you can eat buffet rather than having to respond to the temptations at each meal void of a self-regulatory action plan.

JUST FOR LAUGHS :) — Jenny was taking an afternoon nap on New Year's Eve before the festivities. After she woke up, she confided to Joe, her husband, 'I just dreamed that you gave me a diamond ring for a New Year's present. What do you think it all means?' 'Aha, you'll know tonight,' answered Joe smiling broadly. At midnight, as the New Year was chiming, Joe approached Jenny and handed her small package. Delighted and excited she opened it quickly. There in her hand rested a book entitled: 'The meaning of dreams'.

New Year's Resolutions for Your Home

trivia challenge

Continued from page 1

Stop the Draft! Whether it's the heat or the cold, energy may be seeping out around your windows and doors. Proper installation of fiberglass doors and replacement windows will help keep your home more comfortable and at a noticeable savings.

Protect your Foundation by assuring your gutters and downspouts are carrying moisture away from your home. It's also important to have a well functioning water evacuation system in your basement to prevent mold, mildew and damage to your home's foundation.

Add a little Color to your Life! Paint is associated with personal energy levels and may help to add a warm and inviting feel to your home. This is a relatively inexpensive way to update your space and bring a fresh look to your home.

Protect your Investment with a Home Security System. The most effective deterrent against criminal invasion of your home is an electric security system. A wide variety of home security options are available to protect your home and your family.

Create a space to help you carry out your personal New Year's resolutions. Chances are if you have space within your home designated to assist you with achieving your goals, you are more likely to do so. A home office addition may allow you more time with your family. A new work out area will make it much more likely you'll find the time to get started with your new exercise routine. Make it happen!

Our well-experienced and knowledgeable contractors are here to help you put your resolutions into action. Happy New Year!

The tradition of using a baby to signify the New Year began in Greece around 600 BC. It was tradition at that time to celebrate by parading a baby in a basket. The baby represented the rebirth of which god.

- A: Dionysus
- B: Athena
- C: Gaea
- D: Ananke

The first correct answer emailed to **Mike@MBCremodeling.com** will be this month's winner of 2 Movie Passes to a local theatre!

LAST ISSUE'S TRIVIA WINNER

MBC Building & Remodeling, LLC is pleased to announce last issue's Trivia Challenge winner. **Anne Cousar** of Lancaster! **Anne** was the first person to correctly answer this question:

James Stewart cited George Bailey as being his favorite character. The part was originally developed at another studio with the part earmarked for another actor. When Frank Capra inherited the project, he rewrote it to suit Stewart. For which actor was the part originally intended? Answer: Cary Grant

WE WELCOME OUR NEW FRIENDS INTO THE MBC FAMILY

We believe in treating all of our customers like family, just ask any of our longtime customers. We are excited to welcome each of our first time **MBC Building & Remodeling, LLC** customers. We appreciate the opportunity to serve you and hope to see you again very soon. Here are just a few of the new members of the family.

- **Linda & Bill Welsh**
- **George Gadbois**

Thank you and welcome to everyone who recently joined our MBC family... we couldn't do it without YOU!

WANT \$75?!?

Just tell your friends and family about us!!

The MBC Referral Rewards Program:

Step 1 - \$25 No Strings Attached: Refer someone to MBC Building & Remodeling, LLC. We will send you \$25 when we get an appointment with your referral, NO STRINGS ATTACHED.

Step 2 - \$50 more!: When your referral signs a contract with MBC over \$1000, we will send you another \$50 PLUS give them 5% off of their project up to \$500!

When you refer your friends, neighbors or family, you've helped our business grow. Offering you this reward is our way of showing how much we appreciate your actions.

Remember to tell your friends to mention your name whenever they use our services!



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THANK YOU!



Matt & Mike
Blank

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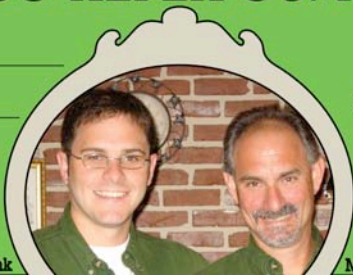
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\$75 **Serving Lancaster County since 1999!** **\$75**

Matt Blank  Mike Blank, CGR CAPS

Sudoku Puzzler

The Rules of Sudoku (s_doku²)

The classic Sudoku game involves a grid of 81 squares. The grid is divided into nine blocks, each containing nine squares.

The rules of the game are simple: each of the nine blocks has to contain all the numbers 1-9 within its squares. Each number can only appear once in a row, column or box.

The difficulty lies in that each vertical nine-square column, or horizontal nine-square line across, within the larger square, must also contain the numbers 1-9, without repetition or omission. Every puzzle has just one correct solution.

6	4							9
8				3	6	7	4	
9			8					1
4					7			9
	5	8	3		9	1	6	
	1		4					7
	8				4			1
	3	6	2	9				8
1							5	6

For the solution to this issue's Sudoku Puzzler, email us at Mike@MBCremodeling.com

Green Tip

How about giving the car a holiday once or twice a week? Taking a walk or riding a bicycle whenever possible help save fuel and also reduce emission. Other ideas to minimize car usage are car pools, car sharing and using public transport.



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