

**MBC**

**Building & Remodeling, LLC**



ENJOY VEGETABLES FROM YOUR OWN GARDEN NOW



E-MAIL THE EXPERT & JUST FOR LAUGHS



THE 1ST FATHER'S DAY – 100 YEARS AGO



MBC Building & Remodeling, LLC

**Lantern**

FOR OUR FRIENDS & NEIGHBORS

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## How to Enjoy Vegetables from Your Own Garden Now!

Many people think that they are not capable of growing their own vegetables; or they believe that they lack the space to make the endeavor. Don't let either of these notions stop you from enjoying fresh organic vegetables grown with the help your own two hands. In fact, it is nearly the ideal time of the year for preparing and planting some of the easiest to grow veggies that can be enjoyed in the late summer, fall and even winter!

Many vegetables, such as cabbage and spinach, have varieties that have been specifically developed for planting in the summer months. To find these special varieties simply check a seed catalog carefully or ask a specialist to point you towards seeds that are intended for fall harvest. You can then use this article to help guide you to gardening success!



Start your seedlings in a shaded house or flats protected from the heat of the sun. Allow the young veggies to develop numerous leaves and then transplant them to your soil.

July is the ideal time to plant seeds of many of the most popular garden fair, such as potatoes, fall and winter cabbage, beets, globe onions, broccoli, carrots, kale, Brussels sprouts, and cauliflower.

Hold off until late July to plant perennial herbs, kohlrabi, swiss chard, mustard and collard greens, spinach and turnips.

These plants thrive in cooler fall weather, so planting during this time should provide you with a successful autumn harvest.

Continue to plant chives, bunching onions, collard and mustard greens, spinach and broccoli in August and early September and you'll extend your harvesting time well into late fall.

Leaf lettuces will also thrive when planted in August through mid September. These enjoyable salad greens call for mild fall conditions to grow.

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# email the expert

**Q:** It's getting to the time of year when wasps seem the move into our neighborhood. Can you recommend a simple way of ridding our deck of them?

John Polish

**A:** Well this is tricky one because one needs to be extremely careful when dealing with wasps, hornets, etc. If you don't think it's best to call an exterminator you can build a simple buy effective trap out of common household objects.

1. Take an empty two liter pop bottle or any plastic bottle that has a consistently even width along the sides.
2. Using a sharp knife cut off the top of the soda bottle just below where the start of the bottle sides are at even width.
3. Fill the bottom of the bottle with fruit juice about 2\_ deep
4. Insert the top of the bottle upside down into the bottom of the bottle (remove the bottle cap first). The pieces should fit together nice and snug, but use duct tape along the top edge to secure the pieces together if you need to.
5. Set the wasp trap out wherever you've seen wasps.
6. Wasps will fly into the trap to get at the bait, but have trouble finding their way out. They'll eventually drown in the liquid bait.

*You can e-mail the Expert by sending your questions to Mike@MBCremodeling.com. Please be sure to include your name and phone number in case additional information is required to answer your question.*

## THANK YOU FRIENDS FOR YOUR REFERRALS

We cannot thank enough everyone who has referred MBC Building & Remodeling, LLC to their friends or family this past month. Your kind actions are really what make us a success. While we don't have enough room to mention everyone, here are a few:

Neal Albert from Don Diebler

## Would you like to have the nicest home in the neighborhood?

Do you know we are experts in a variety of home improvement projects? If you're considering a new project for your home, please give us a call. We'll be happy to answer all of your questions and provide you with our expert advice for free.

Here's a list of some of the projects we specialize in:

Decks	Kitchen Renovation
Sunrooms	Bathroom Renovation
Room Addition	Basements

# famous quote

"When I was a boy of fourteen, my father was so ignorant I could hardly stand to have the old man around. But when I got to be twenty-one, I was astonished by how much he'd learned in seven years." — Mark Twain

## The 1st Father's Day – 100 Years Ago!

In 1909 a woman by the name of Sonora Louise Smart Dodds, who lived in Spokane, WA, campaigned for a Father's Day celebration. Her interest in having an organized holiday for fathers was sparked after she heard a church sermon on the virtues of Mother's Day. The sermon reminded Mrs. Dodds about her childhood years, when her mother had passed away in childbirth with her 6th child. Mrs. Dodds' father, William Smart, who was a veteran of the Civil War, was then left to carry on as both father and mother to the newborn baby and their five other children.

When Mrs. Dodds thought of her father, who had cared for her and her siblings, as well as the other fathers who selflessly gave of themselves to their own children. So, she decided that they should be honored with a special day all their own. She campaigned and worked to spread her message, and even got the help of friends and family to write letters to influential people. Finally, after much hard work a local celebration was finally proclaimed in 1910. Mrs. Dodds wanted the date of the holiday to be on her father's birthday, which was the 5th of June, but the festivities had to be moved to the 19th of June so there would be enough time to prepare.



**"You don't look anything like the long haired, skinny kid I married 25 years ago. I need a DNA sample to make sure it's still you."**

## JUST FOR LAUGHS :)

**"My father established our relationship when I was seven years old. He looked at me and said, "You know, I brought you in this world, and I can take you out. And it don't make no difference to me, I'll make another one look just like you." – Bill Cosby**

## How to Enjoy Vegetables from Your Own Garden Now!

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In the last days of August or early September, you can plant carrots for harvest through the winter and into the following spring. This is also an ideal time for planting peas, which can be eaten in just a few short weeks.

August is the time to prepare for harvesting next summer. This practice, called "overwintering," allows you to enjoy specific veggies in late spring and summer of the following year.

In late August or early September sow salad greens that will be ready early the following spring. Plant spinach, leaf lettuce, arugula, and greens to enjoy next year. As these plants germinate, thin them and cover them with a heavy

layer of mulch or fall leaves before the first heavy frost. Then in the early spring, simply push aside the mulch and the plants will spring to life.

Late September is the right time to plant garlic and shallot bulbs. Plant them in deep, rich soil and they'll have time to set down strong roots before the first frosts. You'll see your garlic and shallots mature and come up healthy next spring for summer harvest next year. When weather permits, you can continue planting garlic into October.

Don't let this golden opportunity pass you by. Follow these simple steps and you're family will be enjoying fresh plants and vegetables right from your own garden!

## trivia challenge

Since Canadian Dr. James Naismith's invention of the sport in 1891, basketball has been a worldwide phenomenon. The idea of having an established league came from an unlikely source. Name it.

- A: Organized Labor Unions
- B: Ice Hockey Arena Owners
- C: Urban Police Organizations
- D: Minor League Baseball Players

The first correct answer emailed to **Mike@MBCremodeling.com** will be this month's winner of 2 Movie Passes to Penn Cinemas in Lititz!

### LAST ISSUE'S TRIVIA WINNER

**MBC Building & Remodeling, LLC** is pleased to announce last issue's Trivia Challenge winner. **Grant Charles of Neffsville!** Grant was the first person to correctly answer this question:

Several stories are passed around to show how the month of May was named. The most widely accepted explanation is that it was named for Maia, the Roman goddess of spring. Her name related to a Latin word that means what?

**Answer: Growth**

### WE WELCOME OUR NEW FRIENDS INTO THE MBC FAMILY

We believe in treating all of our customers like family, just ask any of our longtime customers. We are excited to welcome each of our first time **MBC Building & Remodeling, LLC** customers. We appreciate the opportunity to serve you and hope to see you again very soon. Here are just a few of the new members of the family.

- Don Diebler
- Ken Strine
- Matt & Jennefer Hoover

**Thank you and welcome to everyone who recently joined our MBC family... we couldn't do it without YOU!**

## \$50 GIFT CARD REFERRAL REWARDS PROGRAM

Many of our customers "find" us as a result of word of mouth. This simple, yet gracious, act by our customers has allowed us to be successful. For this generosity, we offer our gratitude and a token of our appreciation through our Referral Reward Program!

### Here's how:

1. Simply refer someone to our services by sharing our name, phone number, email or by giving them this newsletter.
2. When your referrals' job contract is signed, we will mail you a \$50 Gift Card to the local business of your choice!

**When you refer your friends, neighbors or family, you've helped our business grow. Offering you this reward is our way of letting you know just how much we appreciate your actions.**

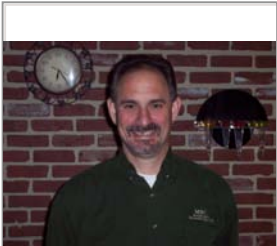
Remember to tell your friends to mention your name whenever they use our services!



**Building & Remodeling, LLC**

P.O. Box 53

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Thank you for your support!

Mike Blank

### WHAT OUR CLIENTS ARE SAYING...

"From start to finish we felt like our project was in good hands. Our only regret is that we didn't have this done while our oldest son was still living at home with us. Thanks to you though, we can still enjoy it with the other children."

- Tony & Patty Dawson

## Sudoku Puzzler

The Rules of Sudoku (s\_doku<sup>2</sup>)

The classic Sudoku game involves a grid of 81 squares. The grid is divided into nine blocks, each containing nine squares.

The rules of the game are simple: each of the nine blocks has to contain all the numbers 1-9 within its squares. Each number can only appear once in a row, column or box.

The difficulty lies in that each vertical nine-square column, or horizontal nine-square line across, within the larger square, must also contain the numbers 1-9, without repetition or omission.

Every puzzle has just one correct solution.

9	8			1	4	6
	1	6			2	5
			5	8		7
			4			9
7	1	2		3		8
	8			1		
	5		1	6		
	6	3			9	5
4		9	5			6
					6	1

For the solution to this issue's Sudoku Puzzler, email us at [Mike@MBCremodeling.com](mailto:Mike@MBCremodeling.com).



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## Green Tip

### Recycle Your Old Golf Clubs, Bowling Ball, Lamp, etc.

Hold a garage sale to give your old belongings new life. If you are not up to a garage sale to recycle your old stuff, ask around at a few not-for-profits to see if they do yard sales and take donations.